The history of European exploration in Manitoba did not begin in the south, but in the north. Winnipeg, the provincial capital, is Manitoba’s largest city. Milestones (1928); Alan Artibise, Winnipeg: An Illustrated History (1977). Additional Resources The Forks Many cities west of Montreal have benefited from the History of Canadian. Heading west, see Alan F.J. Artibise, Winnipeg: An Illustrated History (T: JL 1977).